Healthy Efficient New Gas Homes Study (HENGH)



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In 2008, mechanical ventilation requirements were added to California Title 24 to address adverse impacts that could potentially result from air sealing envelopes to reduce infiltration and improve energy efficiency.

Are these requirements working?
Are other changes necessary?
E.g., airtightness limits, filtration

2008 BUILDING ENERGY

EFFICIENCY STANDARDS

FOR RESIDENTIAL AND
NONRESIDENTIAL BUILDING



Effective January 1, 2010

CALIFORNIA ENERGY COMMISSION

December 2008 CEC-400-2008-001-CMF



HENGH has three parts:

- 1. Survey of California homes
- 2. Simulations for energy, ventilation and airtightness
- 3. Field study of IAQ in California Homes

Key Survey Results (2648 responses)

- Field study homes are representative of new homes for house size and occupancy (1000 sq.ft. per person)
- 90% of occupants rated IAQ neutral or better and were generally more satisfied with IAQ than outdoor air quality
- Range hoods that were vented to outside were used more often than recirculating hoods
- Increased bathroom exhaust venting and fewer occupants reduces complaints of mustiness/odor
- Households with sensitive occupants were much more likely to use air cleaning devices
- Homes with mechanical ventilation systems have higher IAQ satisfaction.

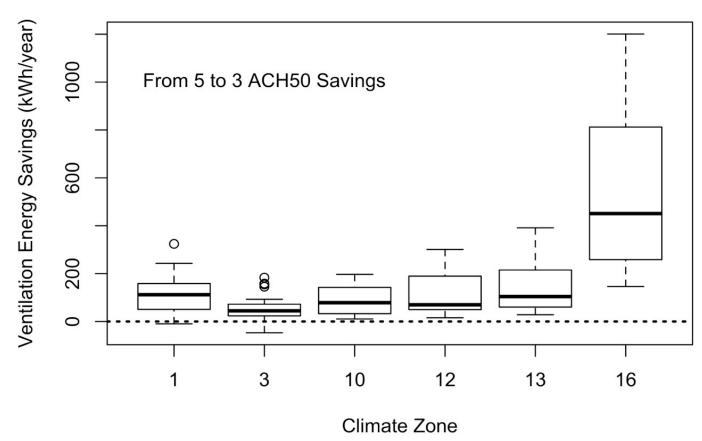
Simulation Summary

REGCAP House and HVAC simulation model

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Key Simulation Results

- 3 ACH50 airtightness would result in statewide HVAC energy savings of about 3% (typically less than 100 kWh)
 - 2019 requirements lead to more uniform air flow with house leakage
 - CA climates are mild

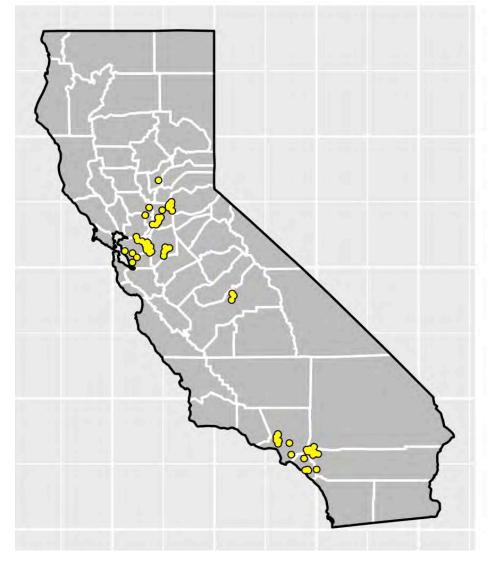


Key Simulation Results

- Impact of new 2019 ventilation requirements c/w current standard:
 - 45% reduction in contaminant concentrations
 - 7% increase in HVAC energy use
- However, field survey showed that installed fans are much larger capacity than minimum requirements so these impacts are likely to be much smaller in magnitude.
- Little change in builder practice required to meet the new standard
- Consider improving combination of infiltration and mechanical ventilation to reduce home-to-home variability
 - Use superposition from ASHRAE 62.2-2016 or LBNL exponential appraoch

Field Study of 70 New Homes

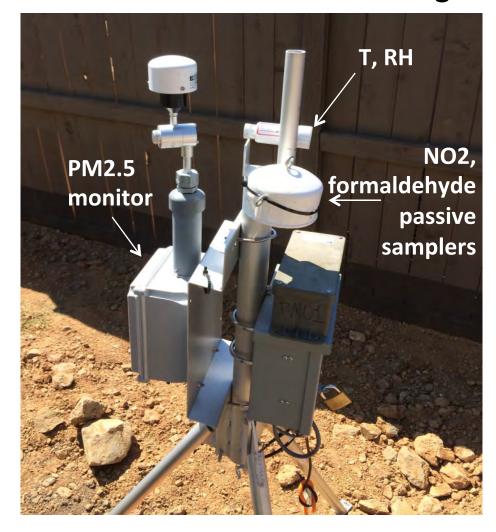
- All homes have natural gas appliances
- All homes have mechanical ventilation
 - Whole house ventilation [ON]
 - Bathroom exhaust fan
 - Kitchen range hood exhaust to outside
- Indoor air quality, occupant activities and ventilation use monitored for one week in each home



IAQ Monitoring



Concurrent Outdoor Monitoring



Diagnostic Testing

Envelope and Duct Leakage



Exhaust Fan Airflow



Range Hood Airflow



Activity Monitoring





Range hood use



Exhaust fan use

Cooking (cooktop, oven)

Activity Monitoring

External door use (patio, garage)











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Occupant Survey and Activity Log

Healthy Efficient New California Homes Study Occupancy and Indoor Activities Data Log

Instructions: Please fill out this data log each day, or on the following day.

Day 1: Date ______11-30-16

Please enter you stimates. If you are unsure vide your best guess.

Do not list 1 les of any people.

	Midnight to 7am	7am to 11am	11am to 1pm	1pm to 5 pm	5pm to 9pm	9pm to Midnight
Number of people in home	2	4	4	2	2	2
Cooktop use Number of minutes	0	30	0	0	.45	0
Oven use Number of minutes	0	0	0	0	0	0
BBQ/outdoor grill Number of minutes	0	0	6	0	0	0
Vacuuming Number of minutes	0	0	0	,25	0	0
Window Use Number of minutes	0	0	0	0	45min D	0
Other notable [*] indoor/outdoor events	3 Arcle	her 2	47	CAMPETE	1	0

^{*}For example, use of fireplace, candle, air freshener, air cleaner, humidifier, unusual outdoor air quality (wood smoke, wildfire), and so on.

Whole-House Mechanical Ventilation

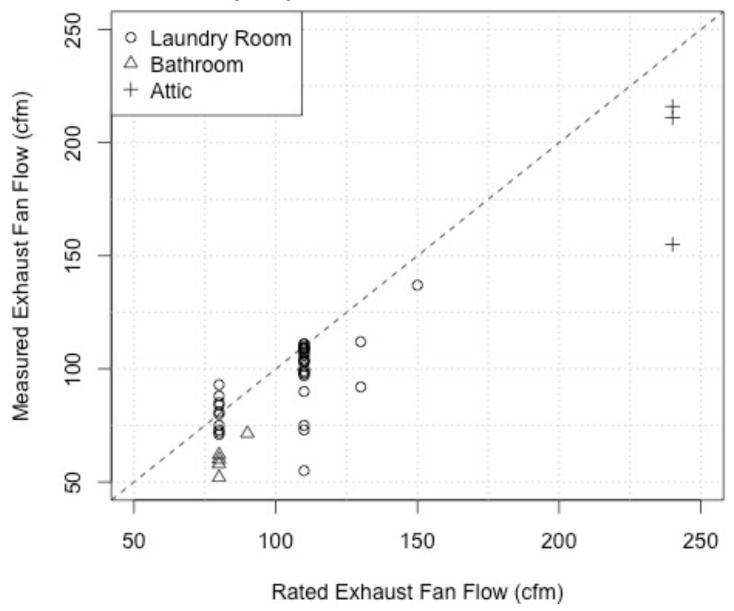
In all but 2 homes, the measured airflow of the exhaust fan exceeded the minimum requirements

On average 50% higher than minimum requirement

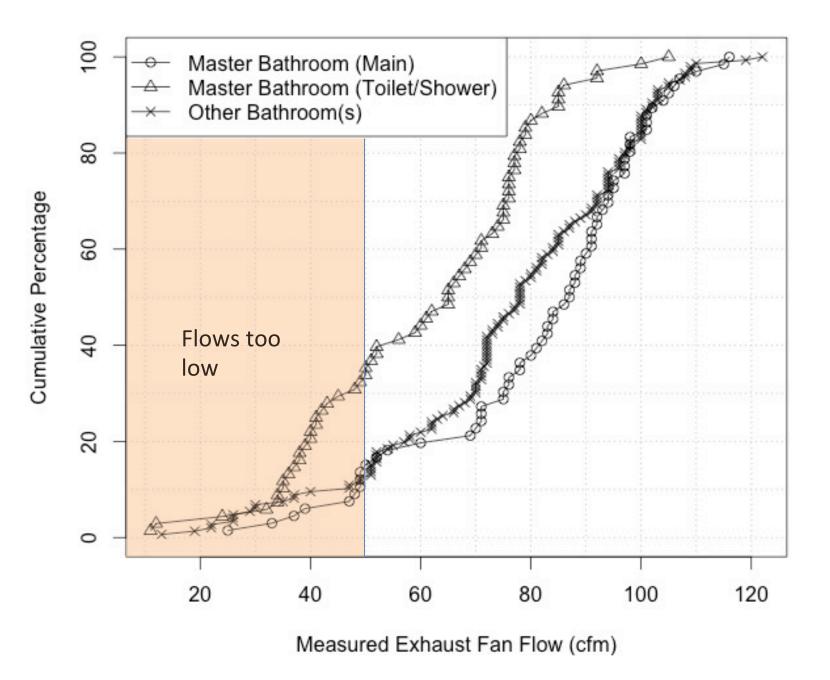
- Continuous exhaust (N=55)
- Intermittent exhaust (N=9)
- Continuous inline fan connected to central forced air system (N=4)
- Supply ventilation provided by central fan integrated system with a motorized damper (N=2)

Rated air flows rarely achieved

The only way to know a fan's flow: MEASURE IT



Bathroom exhaust fans mostly meeting 50 cfm airflow requirement







Supply
Ventilation
very hard
to verify







Only 1 in 4 homes with whole-house ventilation system running as found.

Whole-House Ventilation Control	Controller Labelled?	% On As-Found	
On/Off Switch	No (N=42)	5%	
	Yes (N=12)	58%	
Programmable Controller	No (N=10)	50%	
Thermostat	No (N=2)	0%	
Breaker Panel	No (N=1)	100%	
No Controller	No (N=3)	100%	







Labels not always clear

X CONTINUOUS DUTY



To maintain minimum levels of outside air ventilation required by the State of California, this fan should be on at all times when the building is occupied, unless there is outdoor air contamination.



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ASHRAE Guideline 24:

Manual switches associated with a whole-building ventilation system should have a clear label such as,

"This controls the ventilation system of the home. Leave on except for severe outdoor contamination."

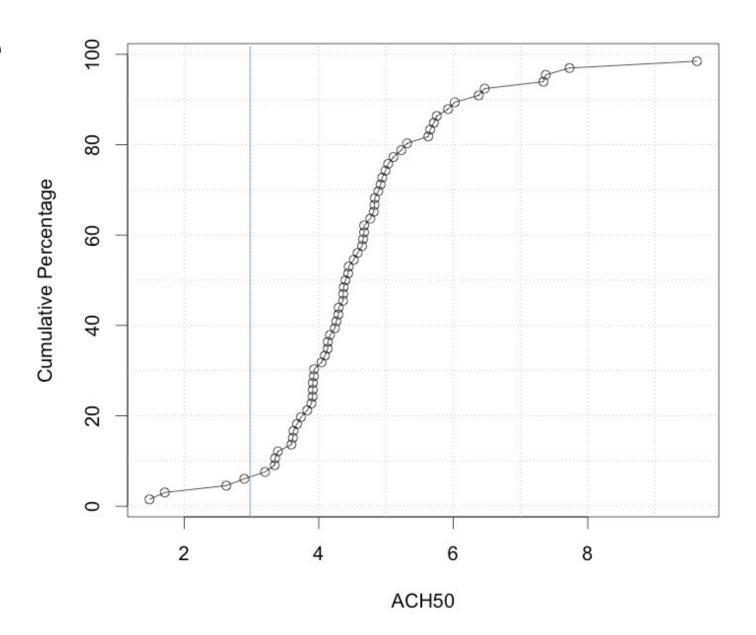
In addition, guidance on operations and maintenance procedures should be provided to occupants.

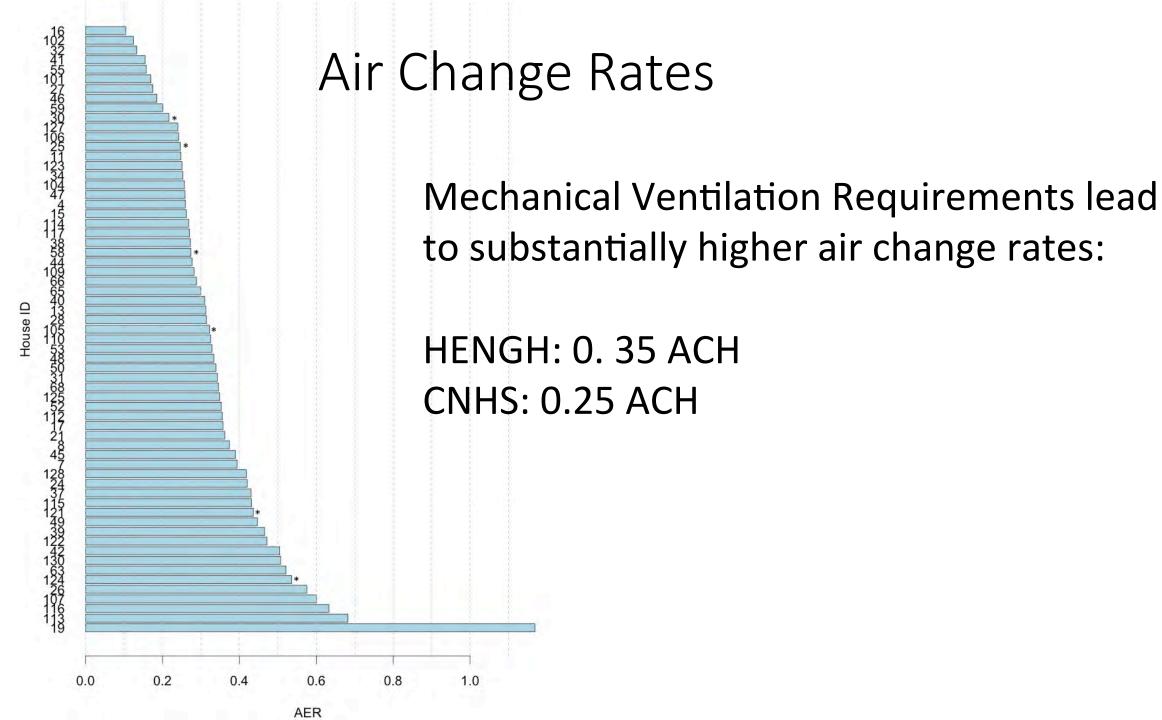
Paul Raymer:

Label the breaker as "TV and Ventilation"

Envelope Leakage

- Most homes between 3 and 6 ACH50
- Only 4 out of 70 homes
 <3 ACH50, IECC 2018
 requirement



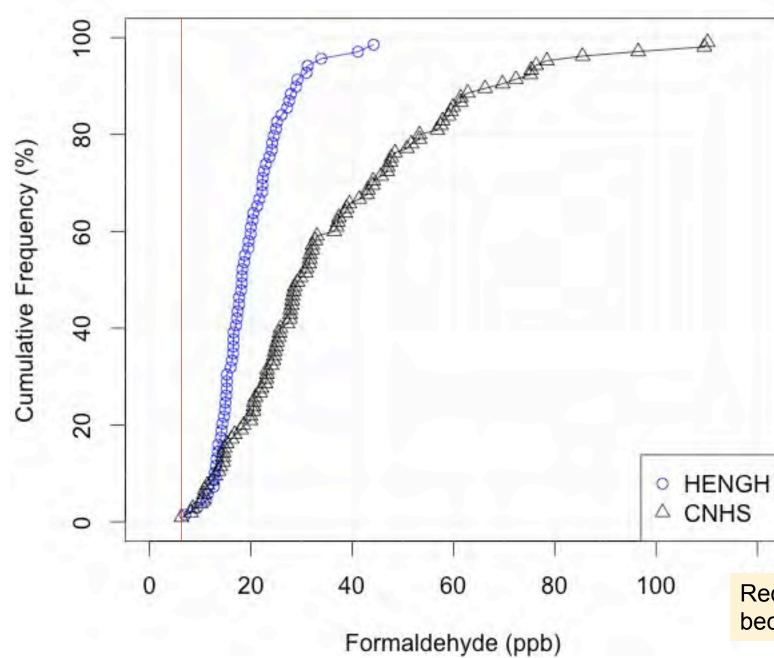


Indoor Air Quality Results

Comparisons of formaldehyde, PM_{2.5}, and NO₂ with a prior study of new homes in California suggest that contaminant levels are lower than measured from about 10 years ago.

Mean Indoor Concentration	HENGH	California New Home Study (Offermann 2009)
Formaldehyde	19.8 ppb	36.3 ppb
PM _{2.5}	8.3 mg/m ³	13.3 mg/m ³
NO ₂	6.1 ppb	5.4 ppb

OEHHA Reference Exposure Level, Chronic (7 ppb)



Formaldehyde

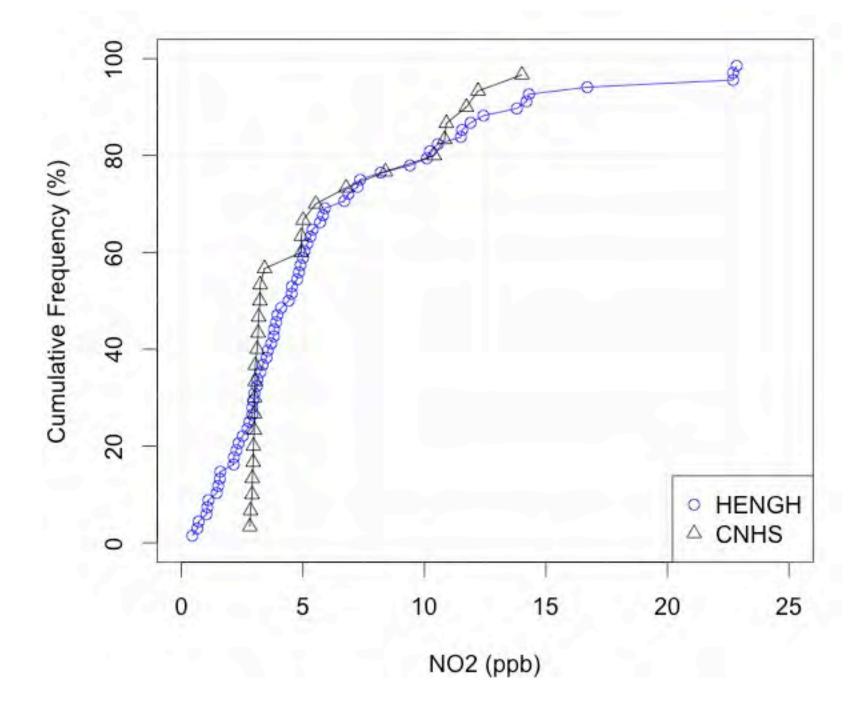
Better Ventilation + Lower Emissions



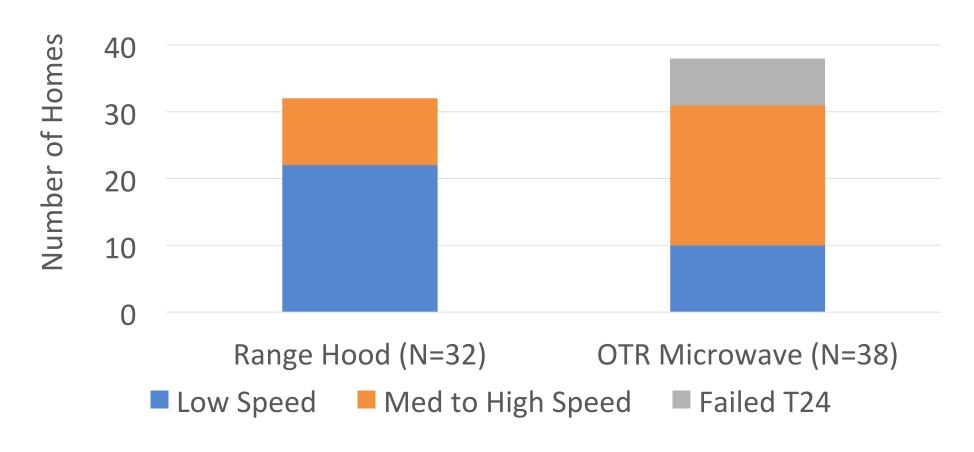
Reduced emissions composite wood products became effective January 1, 2009.

CalEPA ambient air quality annual standard = 12 ug/m³ PM2.5 Cumulative Frequency (%) · HENGH △ CNHS PM2.5 (ug/m3)

 NO_2



All kitchen range hood exhaust to outside, most met Title 24 (100 cfm)



Particle Filtration

- Exhaust ventilation in homes with reasonably tight building envelope
- Medium to high efficiency air filters

MERV Rating	Number of Air Filters (N=112)
6 - 7	4
8	57
10	18
11	22
12	1
13	9
14	1

Conclusions

- 1. IAQ is acceptable in homes meeting California requirements
- 2. Better labeling would have a big impact
- 3. Encourage the use of commissionable systems
- 4. OTR microwaves are problematic
- 5. An airtightness requirement would not result in energy savings (so long as we require minimum ventilation)

Next steps...

Smart Ventilation for Advanced California Homes (SVACH.lbl.gov)

- Reduce energy consumption while maintaining or improving IAQ
- Control strategies to:
 - Time shift to lower energy cost
 - Time shift to avoid utility peak
 - Account for other fans
 - Account for air cleaning
 - Avoid outdoor contaminants: ozone or wildfire events
 - Allow for zonal control
 - Use low-cost sensors
- New Metrics: e.g., how to combine health, odor & moisture?
- US DOE and Aereco co-funding





Building America IAQ New Home Study

- Collect IAQ data in 32 homes each in four climate zones
 - Portland, OR
 - Boulder/Denver, CO
 - Southeast: FL, AL, GA, NC, SC
- Regional variations in system designs, performance, and occupant behaviors







Berkeley Lab Indoor Air Quality Survey

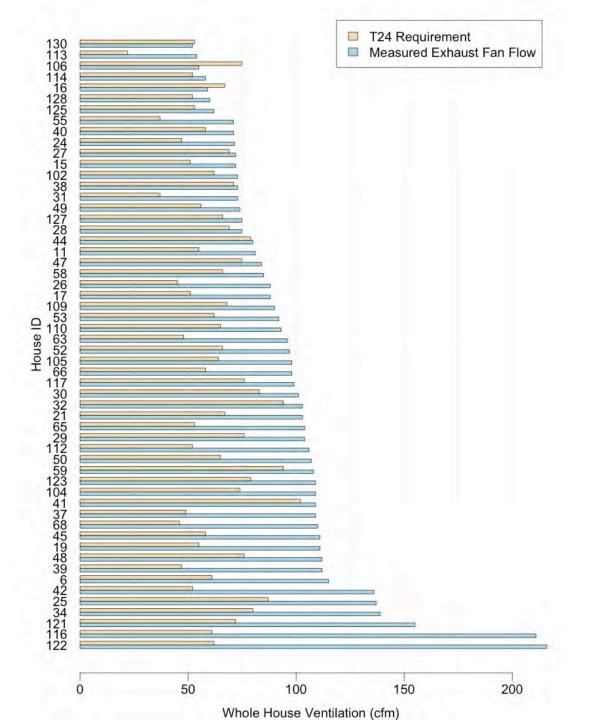
Our goal is to learn how people like you *feel* about your home environment and about the factors that can affect your indoor air quality, or "IAQ".

The survey asks about your <u>satisfaction</u>, <u>perceptions</u>, <u>activities and product use</u>. There are also questions <u>about your home and household</u>.



Questions?

Comparison of measured exhaust fan flow and Title 24 mechanical ventilation requirement (N=56)



Problems Affecting Occupant Comfort a Few Times per Week or More Frequently	Field Study (N=70)	HENGH Survey (N=2271)
Too hot in summer	31%	41%
Too cold in winter	29%	20%
Not enough air movement	21%	18%
Too hot in winter	14%	10%
Indoor air too dry	9%	11%
Too cold in summer	4%	9%
Too much air movement	1%	5%
Musty odor	1%	3%
Indoor air too damp	1%	2%

Supply Ventilation Air Filter

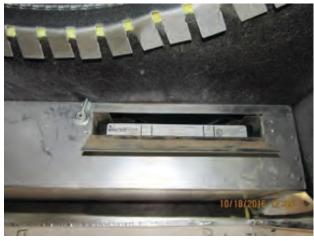




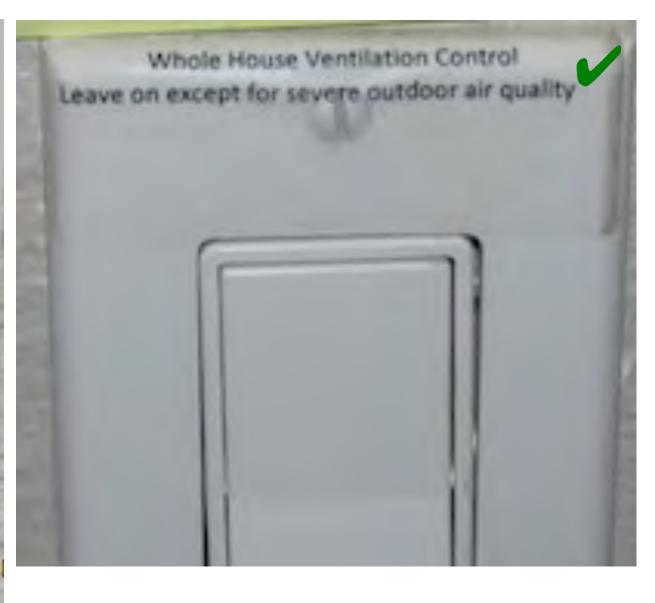












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Duct Leakage

Duct Leakage (DeltaQ*)	% of 70 Homes
<50 CFM	25%
50–100 CFM	30%
100–200 CFM	31%
>200 CFM	14%

^{*}DeltaQ test measures duct leakage at working pressure, not at 25 Pa.

Data from HERS registry (CF-6R)

21 of 23 homes reported duct leakage measured at 25 Pa ranging between 50 and 100 CFM.